



## Lent 2025

**Rejoice in hope,  
be patient in tribulation,  
be constant in prayer.**

Romans 12:12

### Daily

**Hope Delivers: *daily meditation (and suggested action item)***

(email)

Sign up to the mailing list by going to [bit.ly/asalent](https://bit.ly/asalent)

### Wednesdays March 12, 19, 26; April 2, 9

(5:00 PM)

**Adoration of Jesus in the Blessed Sacrament** (quiet prayer)

(6:00 PM)

**Holy Eucharist**

### Sunday, March 9

(during Coffee Hour)

**Theology Forum: The General Confession, A Meditation**

*Fr. Frank Wade*

(former Rector of St. Alban's Church and Interim Dean of Washington National Cathedral, author, and adjunct professor at Virginia Theological Seminary)

Saturday, March 22  
(9:30 AM to 12:30 PM)

**Quiet Retreat:**

***Rejoice in hope, be patient in tribulation, be constant in prayer***  
(reflections, prayer and sharing)

*Fr. Dominique Peridans*

Wednesdays March 26 and April 2  
(6:30 PM)

**Soup and Scripture and Sharing**

March 26: Fr. Doug

April 2: Fr. Stuart

Friday, April 4  
(7:00 PM)

**Stations of the Cross** (with choir)

Sundays March 9, 16, 23, 30; April 6, 13  
(12:30 PM)

**Sandwiches in the City**

(service opportunity: lunch preparation and/or distribution to the food-vulnerable)

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**NEWCOMER SERIES**

Monday, March 10  
(6:00-7:15 PM)

*Relationship with Christ and the nature of faith* (Sophie Sando)

Monday, March 17  
(6:00-7:15 PM)

*The Holy Catholic and Apostolic Church: the gifts and challenges of the Episcopal part of the church* (Fr. Stuart)

Monday, March 24  
(6:00-7:15 PM)

*Connected to/formed by the early Church* (Matt Dlugos)

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**YOUNG ADULTS** (39 and under ☺)

Wednesday, March 5

(8:00 PM)

**Young Adults Lent dinner**

Tuesday, March 18

(6:00 PM)

**Journeying through Lent:** Young adults will watch a few clips from NT Wrights Lenten video study series and share about their Lenten experiences and reflections.

Sunday, March 23

(12:30 PM)

**Young Adults Bible Study: Genesis 3**

Sunday, March 30

(12:30 PM)

**Young Adults Bible Study: Genesis 4**

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# HOLY WEEK

*Sunday, April 13*

(10:30 AM)

**Palm Sunday**

*Thursday, April 17*

(7:00 PM)

**Maundy Thursday**

*Friday, April 18*

(7:00 PM)

**Good Friday**

*Saturday, April 19*

(8:00 PM)

**Easter Vigil**

*Sunday, April 20*

(10:30 AM)

**Easter Day**