

An aerial photograph of a person standing in a shallow body of water, surrounded by a large number of fallen brown leaves. The person is wearing dark clothing and a hat, and their reflection is visible in the water. The water is a deep teal color, and the leaves are a mix of brown and orange. The overall mood is contemplative and serene.

Matthew 26:38

Stay here with me...

*Watch  
and  
pray.*

**Lent 2024**

Church of the Ascension and St. Agnes  
Washington, DC

Wednesday, February 14

(12:00 and 7:00 PM)

**Ash Wednesday**

Wednesdays, February 21, 28 and March 6

(6:30 PM)

**Soup and Scripture and Sharing**

Mr. Mark Witte, *Seminarian Intern*

Saturday, March 2

(9:30 AM to 12:30 PM)

**Quiet Retreat: Watching and Praying**

Dr. Kathleen (Kathy) Staudt

*(poet, teacher, and spiritual director, she has taught literature, writing, and spirituality at Wesley Theological Seminary, Virginia Theological Seminary, and the University of Maryland)*

Sunday, March 10

(during Coffee Hour)

**Theology Forum: Eucharist. What's all the fuss?**

Fr. Dominique Peridans

Friday, March 15

(7:00 PM)

**Stations of the Cross** (with music)

Friday, March 22

(6:30 PM)

**Fish Fry & Fellowship**

Revelation 16:15

Blessed is the one  
that watches.

## **SUNDAYS**

February 18, 25 and March 3, 10, 17, 24

(12:30 PM)

**Sandwiches in the City**

(care opportunity: sandwich preparation and/or lunch

distribution)

## **WEDNESDAYS**

February 21, 28 and March 6, 13, 20

(5:00 PM)

**Adoration of Jesus in the Blessed Sacrament**

*(quiet prayer)*

(6:00 PM)

**Holy Eucharist** (in the Lady Chapel)

## **THURSDAYS**

(7:30 AM, via Zoom)

**Hope Delivers: 30-minute Scripture Sharing**

facilitated by Fr. Dominique

## **HOLY WEEK**

Sunday, March 24

(10:30 AM)

**Palm Sunday**

Thursday, March 28

(7:00 PM)

**Maundy Thursday**

Friday, March 29

(12:00 PM)

**Good Friday**

Saturday, March 30

(8:00 PM)

**Easter Vigil**

Sunday, March 31

(10:30 AM only)

**Easter Day**