

FIRST SUNDAY
IN LENT



CHURCH OF THE ASCENSION AND SAINT AGNES
Washington, DC
FEBRUARY 18, 2024

WELCOME to all of our guests and visitors. Whether you are simply passing through or looking for a spiritual home, we are blessed to have you join us in worship.

WE ARE A COMMUNITY that expresses its love for our Lord Jesus Christ in ancient, yet timeless worship forms. We are a community that seeks to understand what it prays. We are a community that asks the Holy Spirit to teach us to love one another and the world beyond our church walls. By God's graciousness, we are growing.

CONNECT WITH US by joining us for refreshments after the service. Please complete a Welcome Card. Our rector, Father Dominique, or a member of our leadership team (Vestry), would love to be in touch.



CAPITAL CAMPAIGN PRAYER

Loving God,
as we near 150 years in this splendid church,
we turn to You with gratitude for all that You have bestowed
and with hope for all that is to come.

Bless us with trusting and generous hearts.
By Your grace, we seek to be “a thriving faith community
that, with open doors and open hearts,
expresses Christ’s love with each other,
our neighborhood,
and beyond.”*

We humbly ask Your continued blessing upon us
and upon our capital campaign,
that we may glorify You in all things,
through Christ, our Lord.

Amen.

**ASA Vision Statement*

Mass Setting

Missa O Passi Sparsi- Orlando DiLasso (1530-1594)

PRELUDE

ENTRANCE RITE

The Introit comes from the Latin introitus for "entering." The words of the Introit are usually taken from psalms or other portions of scripture and set the theme for the Mass.

INTROIT *Invocabit me*

He shall call upon me, and I will hearken unto him; I will deliver him, and bring him to honor:
with length of days will I satisfy him.

Vs. Who so dwelleth under the defence of the Most High:
shall abide under the shadow of the Almighty.

Glory be...

HYMN #150 Forty Days and Forty Nights

OPENING ACCLAMATION

Celebrant Bless-ed be God: Father, Son, and Ho - ly Spi - rit.

People And blessed be his kingdom, now and for ev - er. A - men.

SALUTATION

Celebrant Bless the Lord who forgiveth all our sins.
People His mercy endureth for ever.

CONFESSION

Celebrant

Hear what our Lord Jesus saith:
Thou shalt love the Lord thy God with all thy heart, and with
all thy soul, and with all thy mind. This is the first and great
commandment. And the second is like unto it: Thou shalt
love thy neighbor as thyself. On these two commandments
hang all the Law and the Prophets.

Matthew 22:37-40

Celebrant

Let us humbly confess our sins unto Almighty God.

Please kneel, as you are able

Celebrant

Almighty and most merciful Father,

People

we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our
own hearts,

we have offended against thy holy laws,
we have left undone those things which we ought to
have done,

and we have done those things which we ought not to
have done.

But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

Celebrant

The Almighty and merciful Lord grant you absolution and
remission of all your sins, true repentance, amendment of
life, and the grace and consolation of his Holy Spirit.

AMEN.

KYRIE ELEISON

Kyrie eleison.

Kyrie eleison.

Christe eleison.

Christe eleison.

Kyrie eleison.

Kyrie eleison.

Lord, have mercy upon us.

Christ, have mercy upon us.

Christ, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Lord, have mercy upon us.

Please stand.

COLLECT OF THE DAY

Celebrant Let us pray.

Almighty God,
whose blessed Son was led by the Spirit to be tempted of Satan:
Make speed to help thy servants who are assaulted by manifold temptations;
and, as thou knowest their several infirmities,
let each one find thee mighty to save;
through Jesus Christ thy Son our Lord,
who liveth and reigneth with thee and the Holy Spirit,
one God, now and for ever.

Amen.

Please be seated.

THE LITURGY OF THE WORD

FIRST READING

Genesis 9:8-17

There are often four Scripture passages at every Mass. The first reading is typically from the Old Testament / Hebrew Scriptures.

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Lector The Word of the Lord.

People **Thanks be to God.**

PSALM 25:1-9

Ad te, Domine, levavi

8:00: the congregation prays the psalm responsively at the half-verse ().*

10:30: the Choir chants the 1549 translation attributed to Bishop of Exeter, Myles Coverdale, found in all earlier editions of the Book of Common Prayer.

To you, O Lord, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.

Show me your ways, O Lord, *
and teach me your paths.

Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

Remember, O Lord, your compassion and love, *
for they are from everlasting.

Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O Lord.

Gracious and upright is the Lord; *
therefore he teaches sinners in his way.

He guides the humble in doing right *
and teaches his way to the lowly.

All the paths of the Lord are love and faithfulness *
to those who keep his covenant and his testimonies.

SECOND READING

1 Peter 3:18-22

The second reading usually comes from one of the Letters of St. Paul.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you— not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Lector The Word of the Lord.
People **Thanks be to God.**

TRACT

During Lent, Alleluia (Hebrew for “Praise YHWH”) is “tucked away”. In its stead, a “tract”, a series of psalms verses, that focus our prayer on God’s healing mercy. We are not pretending that Jesus has not risen, but, rather, are preparing our hearts to experience Him afresh, more deeply in the mystery of the Resurrection.

Whoso dwelleth under the defence of the most
High *
shall abide under the shadow of the
Almighty.

I will say unto the Lord, Thou art my hope, and
my strong hold *
my God, in him will I trust.

For he shall deliver thee from the snare of the
hunter *

and from the noisome pestilence.

He shall defend thee under his wings, and thou
shalt be safe under his feathers *
his faithfulness and truth shall be thy shield
and buckler.

Thou shalt not be afraid for any terror by night *
nor for the arrow that flieth by day

For the pestilence that walketh in darkness *
nor for the sickness that destroyeth
in the noon-day.

A thousand shall fall beside thee, and ten thou-
sand at thy right hand *
but it shall not come nigh thee.

For he shall give his angels charge over thee *
to keep thee in all thy ways.

They shall bear thee in their hands *
that thou hurt not thy foot against a stone.
Thou shalt go upon the lion and adder *
the young lion and the dragon shalt thou
tread under thy feet.

Because he hath set his love upon me, therefore
will I deliver him *
I will set him up, because he hath known
my Name.

He shall call upon me, and I will hear him *
yea, I am with him in trouble;
I will deliver him, and bring him to honour.

With long life will I satisfy him *
and shew him my salvation.

Text: Psalm 91

GOSPEL

Mark 1:9-15

The Holy Gospel is the pinnacle of the Liturgy of the Word; hence, we stand. Many have adopted the custom of making the sign of the cross on the forehead, lips, and heart during the announcement, whereby we ask for the Word of Our Lord to be in our minds, on our lips, and in our hearts.

Please stand.

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory be to thee, O Lord.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Celebrant The Gospel of the Lord.
People **Praise be to thee, O Christ.**

Please be seated.

SERMON

Grace Gives Us God's Love Already Victorious

The Rev. Dominique Peridans, *Rector*

NICENE CREED

Formulated over two ecumenical councils in 325 and 381 A.D., the Nicene Creed is the summary of Christian belief, sometimes called the Symbol of the Faith. The Creed's focus is our Lord as both fully God and fully human.

*Congregation and choir sing creed in unison monotone
around which the choir will sing harmony.*

I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;

And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;

who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped
and glorified;
who spake by the Prophets.
And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

A practice that originated in the late 4th century, the Deacon (typically) bids us, after we hear the Word of God proclaimed and confess our faith in God in the words of the Nicene Creed, to pray for the world and for the whole state of Christ's Church, exercising our Baptismal Priesthood, claiming, for all in need, the salvation that Jesus gives by his life, death and resurrection.

The Celebrant begins

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray.

For the Church throughout the world: that the Holy Spirit lead us on this Lenten journey to deeper life in Christ, faithful to our Baptismal commitment, and generously serving those in need, *We pray to the Lord*

Lord have mercy.

For healing of divisions within the human family: that God's faithful covenant will inspire cooperation and unity, as we strive to overcome disease, malnourishment, violence, and prejudice, *We pray to the Lord*

Lord have mercy.

For grace to resist temptation: that God will help us recognize its hollowness and help us to live faithfully as disciples of Christ, *We pray to the Lord*

Lord have mercy.

For renewal of prayer: that God will guide us to quiet places where we can listen and share our struggles and fears honestly, *We pray to the Lord*

Lord have mercy.

For sincerity in fasting: that our Lenten disciplines help make room for God in our lives and increase our compassion for others, *We pray to the Lord*

Lord have mercy.

For all who are suffering, those who are hungry, those seeking work, those burdened by isolation, those recovering from natural disasters, all those on our prayer list, and for those we now name in our hearts _____
We pray to the Lord

Lord have mercy.

Celebrant

Lord Jesus Christ,
you said to your apostles,
"Peace I give to you; my own peace I leave with you."
Regard not our sins, but the faith of your Church,
and give to us the peace and unity of that heavenly City,
where with the Father and the Holy Spirit
you live and reign, now and for ever.

Amen.

THE PEACE

Reconciled to God and one another, we receive the peace of Christ and offer it to one another” “the peace of Christ”, accompanied by a gesture: hug, handshake, smile, slight bow... Some of our neighbors may prefer no contact, which we respect.

Celebrant The peace of the Lord be al - ways with you.

People And with thy spi - rit.

Please be seated, as the altar is prepared.

OFFERTORY

Today's second (our Lenten) collection benefits

THE BISHOP JOHN T. WALKER SCHOOL FOR BOYS

www.bishopwalkerschool.org

The Bishop John T. Walker School for Boys is a tuition-free Episcopal school for boys and their families living east of the Anacostia River in Southeast Washington, DC and Prince George's County. . The Bishop Walker School seeks to foster a love of learning, intellectual curiosity, spiritual foundation, and moral character that each boy will need as a student, as a citizen and as a child of God.

Scapulis suis obumbrabit tibi Dominus et sub pennis ejus
operabis, scuto circumdabit te veritas ejus.

*He shall defend thee under his wings, and thou shalt be safe
under his feathers; * his faithfulness and truth shall be thy
shield and buckler.*

Text: Psalm 95:4

Music: Paul Kreuz (1922-1996)

HYMN #445 Praise to the Holiest in the height

Celebrant Pray, beloved:
that this, my sacrifice and yours,
may be acceptable to God the Father Almighty.

People **May the Lord receive this sacrifice at thy hands,
to the praise and glory of His Name,
both to our benefit
and that of all His holy Church.**

Celebrant Amen.

THE HOLY COMMUNION

At times, we have more than one priest at the altar: a chief celebrant/principal presider and concelebrants. Concelebration has, to various degrees, been practiced from the early Church, described in the Apostolic Tradition of Hippolytus (c. 225). Although the chief celebrant manifests in a special way Christ as “head of the Church” (Eucharistic Prayer B, page 369, Book of Common Prayer), as the Episcopal Dictionary states, “concelebration expresses the unity of the Church and the collegiality of the ordained ministers.”

SURSUM CORDA

The musical notation for the Sursum Corda prayer is presented in four staves, alternating between the Celebrant and the People. The first staff shows the Celebrant singing "The Lord be with you." and the People responding "And with thy spi - rit." The second staff shows the Celebrant singing "Lift up your hearts." and the People responding "We lift them up un - to the Lord." The third staff shows the Celebrant singing "Let us give thanks un - to our Lord God." and the fourth staff shows the People responding "It is meet and right so to do." The notation includes a treble clef, a key signature of one flat (B-flat), and various musical symbols such as notes, rests, and accidentals.

SANCTUS AND BENEDICTUS

The Sanctus (Latin for “holy” and “blessed”) is one of the earliest elements of the liturgy (St. Clement of Rome—fourth Bishop of Rome, +104—mentions it) and concludes the Preface. It is the hymn of the seraphim in Isaiah 6:3 that never ceases before God, in which we now join.

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth.
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.

Benedictus qui venit in nomine Domini.
Hosanna in excelsis.

***Holy, holy, holy,
Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee O Lord most high.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.***

Please kneel, as you are able, after the Sanctus and Benedictus.

THE FRACTION

The Celebrant breaks the Eucharistic Bread or Host (from the Latin for “victim”), recalling Christ’s gesture of breaking bread at the Last Supper. The priest then puts a piece of the host into the chalice (“commingles,” a rite dating from the eighth century) to signify the unity of the living and glorious Body and Blood of the Lord in the work of salvation, often saying inaudibly as he/she does so: “May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.”

PRAYER OF HUMBLE ACCESS

Celebrant We do not presume

All to come to this thy Table, O merciful Lord, trusting in our own righteousness,
but in thy manifold and great mercies.

We are not worthy so much as to gather up the crumbs under thy Table.

But thou art the same Lord, whose property is always to have mercy:

Grant us therefore, gracious Lord,

so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood,

that our sinful bodies may be made clean by his body,

and our souls washed through his most precious blood,

and that we may evermore dwell in him, and he in us. Amen.

INVITATION

Celebrant Behold the Lamb of God, behold him that taketh away the sins of the world.

People Lord, I am not worthy that thou shouldest come under my roof.

But speak the word only and my soul shall be healed.

AGNUS DEI

This chant has been sung since the 7th century. It is based upon John the Baptist’s reference to Jesus (John 1:29): “Behold the Lamb of God that takest away the sins of the world,” which the priest just echoed in presenting the consecrated bread and wine to the congregation.

Agnus Dei, qui tollis peccata mundi,
miserere nobis.

Agnus Dei, qui tollis peccata mundi,
miserere nobis.

Agnus Dei, qui tollis peccata mundi,
dona nobis pacem.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

All baptized Christians are welcome to receive Holy Communion.

Kneeling (or standing) at the Communion rail, the host (consecrated bread) is placed on the outstretched right palm of the hand (supported underneath by the left palm). The Celebrant (or Deacon) will not place the host on the tongue. You are also invited, if you so desire, to receive the consecrated wine from the common chalice. Three options to receive:

- 1. The chalice is held by the acolyte, as you raise/tilt it, from the base, to your lips.*
- 2. You take the chalice with both hands.*
- 3. You dip the host (not fingers!) in the chalice (intinction).*

If you prefer not to receive the consecrated wine, discreetly shake your head “no”.

If you are not receiving Communion, you are invited to come forward for a blessing (indicated by crossing your arms over your chest).

If you have not been baptized and find yourself drawn to Jesus Christ and life in Him, please let one of us know. We would be honored to have a conversation with you about your faith journey, or questions you may have regarding the sacrament of Baptism.

COMMUNION

Scapulis suis obumbrabit tibi Dominus et sub pennis ejus sperabis, scuto circumdabit te veritas ejus. *He shall defend thee under his wings, and thou shalt be safe under his feathers; * his faithfulness and truth shall be thy shield and buckler.*

Text: Psalm 95: 4

Music: Heinrich Isaac (1450-1517)

PRAYER OF THANKSGIVING

Please kneel, as you are able.

Celebrant Eternal God, heavenly Father,

People **you have graciously accepted us as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord.
Amen.**

ANNOUNCEMENTS

SOLEMN PRAYER

In Lent, in place of a blessing, a prayer for the people is offered by the Celebrant.

Celebrant Let us bow before the Lord.

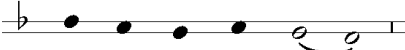
Celebrant Grant, most merciful Lord,
to thy faithful people pardon and peace,
that they may be cleansed from all their sins,
and serve thee with a quiet mind;
through Christ our Lord.

People **Amen.**

HYMN #142 Lord, Who Throughout These Forty Days

DISMISSAL

The Celebrant sends us forth to carry the mystery of God into the world.

Celebrant  Let us bless the Lord.

People  Thanks be to God.

POSTLUDE *Toccata in E Minor-* Johann Pachelbel (1653-1706)

THANK YOU FOR WORSHIPPING WITH US TODAY.



*Please join us after the 10:30 Mass, in the Parish Hall (located in the lower level of the church)
for fellowship, coffee and light refreshments.*

THIS WEEK...

Wednesday, February 21

6:30 PM

(in the parish house dining room)

Soup and Scripture and

Sharing

Mr. Mark Witte, *Seminarian Intern*

LOOKING AHEAD...

Sunday, February 25

9:00 AM

(in the social hall)

Breakfast of Champions for

Seniors

40 IDEAS FOR A HOLY LENT

Would you like to receive a morning email with a daily Lenten Scripture meditation and to-do?

Scan the QR code to register!



SWEETS AND SNACKS NEEDED...

Each week, volunteers from our parish prepare bagged lunches and distribute them outside of the church and at McPherson Square Park. Without your help, this wouldn't be possible. Please consider donating a sweet or savory snack (such as, chips, cookies, granola bars or fresh fruit) that can compliment their sandwich. For more information, contact Fr Doug (Kirby) at d.kirby@asa-dc.org.

Intercessory prayer is “prayer of petition for the needs of the world.” Our Intercessory Prayer Team is blessed to pray daily for the people on this list, for two week. You are welcome, and encouraged, to pray for them, too. If you’d like to add someone to the list, or be a member of our Intercessory Prayer Team, please contact the Fr. Doug (Kirby) at d.kirby@asa-dc.org.



FOR THE INTENTIONS OF Barbara Chinn; The Hannibal Family; Fr. Paul, and St. Tamar Parish; Paul Jones; Sister Mary Owen; Joe & Caroline Furlow	FOR HEALING Mary Melzer; Karen Metz; Lawrence Bailey; Mark S. Colwell, brother of Diane Colwell	FOR THOSE WHO HAVE DIED Edward Joseph Falk; Robert C. Shone; Nancy Duncan
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PARISH EXTENSIONS

101 Parish Administrator
102 Service Schedule
103 Associate Rector's Office
104 Rector's Office
106 Parish Hall Kitchen
107 Sacristy

OFFICE HOURS

Monday-Thursday 8:30 AM to 4:30 PM

PARISH STAFF

The Rev. Dominique Peridans *Rector*

Direct (202) 559-7731
fatherdominiqueasa@gmail.com

The Rev. Doug Kirby *Associate Rector*

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LITURGICAL MINISTERS

The Rev. Dominique Peridans, *Celebrant & Preacher*

The Rev. Canon Stuart A. Kenworthy, *Concelebrant*

The Rev. Doug Kirby, *Concelebrant*

Ms. Elizabeth Anderson, *Acolyte*

Ms. Rebecca Green, *Acolyte*

Mr. John Campbell, *Lector*

MINISTERS OF HOSPITALITY

Mr. Patrick Boylan, *Usher*

Mr. Chuck Partridge, *Usher*

Mr. Rex Tomb, *Usher*

PARISH PARTICULARS

Service Schedule

Sunday	8:00 AM	Mass <i>with Cantor & Organ</i>
	10:30 AM	Mass <i>with Choir & Organ</i>
Wednesday	5:00 PM	Quiet Prayer/Adoration
	6:00 PM	Mass

Sunday Parking Options: (All FREE)

- Massachusetts Avenue, unrestricted parking from 8:00 AM to 2:00 PM
- City Dental DC. Four marked spaces, accessible from the alley from 8:00 AM to 2:00 PM. Please contact the Parish Office for a required parking permit.
- One Franklin Square Garage, vehicle entrance is located at 1010 13th Street, immediately south of the Fire Station (between L & K Streets); pedestrian entrance is at 1301 K Street, NW. An usher will provide you with a required validation ticket.

Childcare is available from 10:00 AM until after the beginning of Coffee Hour in the nursery. Found on the Lower Level of the church, the second door on the right.

Sunday School (Catechesis of the Good Shepherd) meets at 10:15 AM in the Lower Level of the church, for children ages 3-12 at the first door on the right, (St. Vincent Atrium). Contact Victoria Ebell (victoriaebell@comcast.net) for more information.

Sandwich Ministry (Sundays from 12:30 PM to 2 PM) Volunteers are always needed to prepare lunches and help with distribution. Contact Fr. Doug (Kirby) at d.kirby@asa-dc.org for more information.